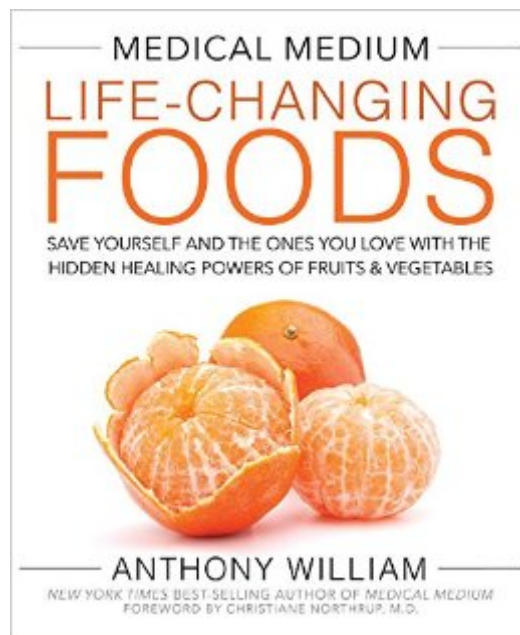


The book was found

Medical Medium Life-Changing Foods: Save Yourself And The Ones You Love With The Hidden Healing Powers Of Fruits & Vegetables



Synopsis

The highly anticipated new release from the groundbreaking, New York Times best-selling author of *Medical Medium*! Experience the next level of medical revelations. Packed with information you won't find anywhere else about the Unforgiving Four—the threats responsible for the rise of illness—and the miraculous power of food to heal, this book gives you the ability to become your own health expert, so you can protect yourself, friends, family, and loved ones from symptoms, suffering, and disease. Unleash the hidden powers of fruits and vegetables and transform your life in the process. ANTHONY WILLIAM, the Medical Medium, has helped tens of thousands of people heal from ailments that have been misdiagnosed or ineffectively treated—or that medical communities can't resolve. And he's done it all by listening to a divine voice that literally speaks into his ear, telling him what is at the root of people's pain or illness and what they need to do to be restored to health. In his first book, the New York Times bestseller *Medical Medium*, Anthony revealed how you can treat dozens of illnesses with targeted healing regimens in which nutrition plays a major role. *Medical Medium Life-Changing Foods* delves deeper into the healing power of over 50 fruits, vegetables, herbs and spices, and wild foods that can have an extraordinary effect on health. Anthony explains each food's properties, the symptoms and conditions it can help relieve or heal, and the emotional and spiritual benefits it brings. And he offers delicious recipes to help you enjoy each food's maximum benefit, from sweet potatoes with braised cabbage stuffing to honey-coconut ice cream. YOU'LL DISCOVER: Why wild blueberries are the resurrection food, • asparagus is the fountain of youth, and lemons can lift your spirits when you've had bad news The best foods to eat to relieve gallstones, hypertension, brain fog, thyroid issues, migraines, and hundreds more symptoms and conditions The particular healing powers of kiwis, cucumbers, cat's claw, coconut, and much more! Insight into cravings, how to use stress to your advantage, and the key role fruit plays in fertility Much of Anthony's information is dramatically different from the conventional wisdom of medical communities, so don't expect to hear the same old food facts rehashed here. Instead, expect to get a whole new understanding of why oranges offer more than just vitamin C—and a powerful set of tools for healing from illness and keeping yourself and your loved ones safe and well. Here are just a few highlights of what's inside: Critical information about the specific factors behind the rise of illness and how to protect yourself and your family Foods to repair your DNA, boost your immune system, improve your mental clarity, alkalize every body system, shield you from others' negative emotions, and so much more Techniques to make fruits, vegetables, herbs and spices, and wild foods the most healing they can be for your individual needs Plus targeted foods to bring into your life for relief from hundreds of

symptoms and conditions, including: ANXIETY AUTOIMMUNE
DISORDERS CANCER DIABETES DIGESTIVE PROBLEMS FATIGUE FOOD
ALLERGIES INFERTILITY INFLAMMATION INSOMNIA LYME DISEASE MEMORY
LOSS MIGRAINE STYROID DISEASE WEIGHT GAIN

Book Information

Hardcover: 352 pages

Publisher: Hay House, Inc. (November 8, 2016)

Language: English

ISBN-10: 1401948324

ISBN-13: 978-1401948320

Product Dimensions: 6.5 x 0.2 x 8.5 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Best Sellers Rank: #276 in Books (See Top 100 in Books) #2 in Books > Religion & Spirituality > New Age & Spirituality > Channeling #9 in Books > Health, Fitness & Dieting > Alternative Medicine #10 in Books > Health, Fitness & Dieting > Nutrition

[Download to continue reading...](#)

Medical Medium Life-Changing Foods: Save Yourself and the Ones You Love with the Hidden Healing Powers of Fruits & Vegetables Perennial Vegetables: Vegetable Gardening: 21 Vegetables to Plant Once and Harvest Forever (Perennial Vegetables, Perennial Plants, Gardening, Gardening ... Garden Vegetables, and Vegetable Gardening) How to Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) Cultured Food for Health: A Guide to Healing Yourself with Probiotic Foods Kefir * Kombucha * Cultured Vegetables Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook - Whole Foods Recipes (Whole Foods - Clean Eating) Health Benefits and Healing Power of Fruits and Vegetables: Inflammation, Anti-aging, High Blood Pressure and Much More... The Waste Not, Want Not Cookbook: Save Food, Save Money and Save the Planet Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Past Life Regression: A Practical Guide To Understanding PLR - Learn How To Release Past Fear, Unlock Hidden Powers, & Gain Insight On Your Life's Purpose. ... Hypnosis, Death, Dreams, Spirituality)

Medical Terminology: Medical Terminology Made Easy: Breakdown the Language of Medicine and Quickly Build Your Medical Vocabulary (Medical Terminology, Nursing School, Medical Books)

Gardening; a Complete Guide to Garden Making, Including Flowers and Lawns, Trees and Shrubs, Fruits and Vegetables, Plants in the Home and Greenhouse. Fruits and Vegetables / Frutas y vegetales (English and Spanish Foundations Series) (Bilingual) (Dual Language) (Pre-K and Kindergarten) Preserving Food Box Set: 33 Easy to Follow Steps For Canning, Freezing and Dehydrating Your Favorite Fruits and Vegetables plus The Ultimate Guide to Food ... food without freezing or canning) The Edible Landscape: Creating a Beautiful and Bountiful Garden with Vegetables, Fruits and Flowers The Grow Your Own Food Handbook: A Back to Basics Guide to Planting, Growing, and Harvesting Fruits and Vegetables (The Handbook Series) How To Make Wine: 20 Tasty Homemade Wine Recipes Made Of Fruits And Vegetables From Your Garden!: (Dandelion Wine, Plum Wine, Wine Bottle Crafts) How To Dry Preserve Fruits & Vegetables (Canning and Preserving Guides Book 2) Western Garden Book of Edibles: The Complete A-Z Guide to Growing Your Own Vegetables, Herbs, and Fruits Edible Plants for Prairie Gardens: The Best Fruits, Vegetables and Herbs (Prairie Gardener)

[Dmca](#)